

ELEMIS

DEFINED BY NATURE, LED BY SCIENCE

Your skin, your body and your wellness lie at the heart of Elemis. Hands-on, our Elemis therapists harness the power of nature and science to create ground-breaking formulations that genuinely transform your skin.

Personally prescribed. Sublimely sensory. The experience is exceptional, the results are real.

The Elemis Spa philosophy is designed to respect the body's complex physiology, Elemis spa-therapies work in natural synergy with the skin, body and mind. Every treatment is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives available in the world today.

ELEMIS Spa Body

ELEMIS Freestyle Deep Tissue Massage (30 min / 60 min / 90 min) **R 800 / R 1 285 / R 1 810**

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Skin is prepped to release toxins and the flowing massage works deeper and deep into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

ELEMIS Peaceful Pregnancy Massage (75 min) **R 1 500**

An intuitive and relaxing massage that hydrates the skin that is expanding to accommodate a growing baby, mothers-to-be are restored to optimum wellness.

ELEMIS Deeper Than Deep Hot Stone Massage (90 min) **R 2 015**

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

ELEMIS Hot Mineral Body Boost (75 min) **R 1 500**

This powerful treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally charged experience of skin conditioning, metabolic balancing and energising wellness.

ELEMIS Exotic Frangipani Nourishing Body Wrap (60 min) **R 1 290**

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

ELEMIS Exotic Salt Scrub - Lime and Ginger or Frangipani (45 min) **R 875**

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

ELEMIS Thousand Flower Detox Wrap (60 min) **R 1 650**

This nutrient-rich detox wrap uses the deeply nourishing Amber Body Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

ELEMIS Targeted Toning Tightener for hips, thighs, abdomen & arms

A powerful blend of massage and detoxifying clay for targeted toning and tightening on hips, thighs, abdomen and backs of arms. Clinically proven* to reduce the appearance of cellulite after just one treatment. *Independent Clinical Trials.

• Targeted Toning Tightener hips, thighs, abdomen and arms (90 min)	R 1 930	R 11 000
• Targeted Toning Tightener hips & thighs only (30 min)	R 1 250	R 7 125
• Targeted Toning Tightener abdomen (30 min)	R 815	R 4 645
• Targeted Toning Tightener arms (30 min)	R 815	R 4 645

Please note: Treatment time includes consultation and welcoming foot ritual.

Single
treatment

Course of
6 treatments

ELEMIS Facial Treatments

Our skin care therapists are highly qualified and trained to provide the utmost in professionalism – with treatments focused on achieving optimum skin health. All our treatments begin with a thorough consultation to assess your individual concerns so as to give the most appropriate treatment, ensuring that your experience is all you would expect and more!

Each 90 minute superior treatment is enhanced by a luxurious hand and arm massage and de-stress scalp treatment for the ultimate in scientific skin-therapy.

Elemis Advanced Anti-Ageing Facials

ELEMIS Pro-Collagen Age Defy (90 min) **R 1 500**

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin. *Independent Clinical Trials

ELEMIS Pro-Collagen Definition Lift and Contour (90 min) **R 1 500**

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

ELEMIS Dynamic Resurfacing Precision Peel (90 min) **R 1 500**

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin. *Independent Clinical Trials

ELEMIS Superfood Pro-Radiance (90 min) **R 1 500**

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health. *Independent Clinical Trials.

Please note: Treatment time includes consultation and welcoming foot ritual.

ELEMIS Touch Skin Solutions

These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.

ELEMIS Sensitive Skin Soother (60 min)

R 1 210

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

ELEMIS Anti-Blemish Mattify and Calm (60 min)

R 1 210

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

ELEMIS Peptide 24/7 Skin Sync (60 min)

R 1 210

Target tired skin with this radiance-restoring Peptide 24/7 facial. Powerful botanical formulations, exclusive to ELEMIS, are combined with specialist massage techniques to replenish skin with a well-rested glow.

ELEMIS Skin Booster Facial (45 min)

R 950

Perfect for a lunch-time or early evening 'quick fix', these facials are uniquely designed for maximum results in minimum time.

ELEMIS Men

Men's skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

ELEMIS High Performance Skin Energiser (60 min)

R 1 210

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

Please note: Treatment time includes consultation and welcoming foot ritual.



Combining a unique synergy of three targeted stimuli – Technology, Touch and Actives – Elemis BioTec delivers immediate, visible and longer-lasting results. One machine delivers seven super-charged facials, powered by five treatment technologies, each targeting a client’s specific skin needs for uncompromising results and client experience.

Elemis BioTec can be booked as either a 30, 60 or 90 minute Facial treatment

BIOTEC FACIAL	DESCRIPTION	TECHNOLOGY
BIOTEC Radiance Renew	This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.	Ultrasonic and galvanic
BIOTEC Line Eraser	Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven* facial treatment that effectively irons out wrinkles and fills out lines. *Independent Clinical Trials.	Microcurrent, light therapy and oxygen infusion
BIOTEC Skin Resurfacer	This revolutionary clinically proven* facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother. *Independent Clinical Trials.	Ultrasonic, steam and light therapy
BIOTEC Firm-a-Lift	Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.	Microcurrent and galvanic
BIOTEC Blemish Control	A deep cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration, massage, steam, and galvanic currents thoroughly decongest and exfoliate. Powerful anti-oxidants soothe, while light therapy helps clear the complexion.	Ultrasonic, steam light therapy and galvanic
BIOTEC Sensitive Skin Soother	This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming anti-oxidants improve the skin’s ability to repair itself. The result is calm and soothed skin.	Oxygen infusion and light therapy

BIOTEC FACIAL	DESCRIPTION	TECHNOLOGY
BIOTEC Super-Charger for Men	The facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. Ultrasonic peeling, steam and galvanic current deliver a deep clean for a multi-tasking, time efficient solution.	Ultrasonic, steam galvanic and oxygen infusion
BIOTEC Peptide 24/7 Skin Sync	Inspired by the body's miraculous inner clock and formulated to support tired complexions, our skin renewing BIOTEC 24/7 Skin Sync facial has been designed to target the look of tired skin and help you achieve a well-rested glow, around the clock.	Ultrasonic, galvanic and light therapy

Recommendation: 1 treatment every 3 weeks, or for best results a course of 6 or 10 treatments is recommended.

Elemis BioTec Prices:

BioTec 30 min facial treatment	R 1 200
BioTec 60 min facial treatment	R 1 500
BioTec 90 min facial treatment	R 1 900
Package of 6 Treatments (30 min each)	R 6 840
Package of 6 Treatments (60 min each)	R 8 550
Package of 6 Treatments (90 min each)	R 10 830
Package of 10 Treatments (30 min each)	R 10 800
Package of 10 Treatments (60 min each)	R 13 500
Package of 10 Treatments (90 min each)	R 17 100

Please note: Treatment time includes consultation and welcoming foot ritual.