

HALF AND FULL DAY SPA PACKAGES

We design packages that relieve stress, detoxify, cleanse and purify or simply refresh and rejuvenate, with finishing touches added to return you to the outside world feeling and looking your best. Please note that the below packages cannot be changed nor treatments substituted. Should any of our current packages not suit your needs, please do not hesitate to discuss your requirements and a personalised package will be created especially for you.

Cleansing Hot Lava Steam Journey (150 min)

R 3 350

Start your journey with a private steam session in our Hammam followed by a cleansing clay body wrap; herbal exfoliation is followed by a penetrating wrap featuring a blend of essential oils and purifying ingredients, providing total cleansing and re- mineralising the skin. A complete massage journey, the Hot Lava Shell massage uses hands, arms and elbows, and the heat from the lava shell allows a deeper penetrating massage to the belly of the muscle.

Private Hammam Steam Session • Full Body Exfoliation with a cleansing Clay Body Wrap • Hot Lava Shell Massage

Spa Wellness Day Package (315 min) *treatment time only, does not include the lunch time allocation*

R 5 850

Your spa day starts with a private steam session in our Hammam followed by a full body exfoliation, eliminating excess surface skin cells. An aromatic full body massage incorporating colour therapy while the soy based candles release aromatherapy scents. This is followed by your choice of our 90 minute specialised skin care facial to suit your needs (excluding ELEMIS BIOTEC). End off with a manicure and pedicure to perfect this day of pure bliss.

Private Hammam Steam Session • Full Body Exfoliation • Chakra Balancing Candle Massage • Manicure (45 min) and Pedicure (45 min) • Spa Lunch

Spa Wellness Half Day Package (210 min) *treatment time only, does not include the lunch time allocation*

R 4 390

Your day starts with a private steam session in our Hammam followed by a choice of one of our traditional touch therapies / massage journeys to suit your needs. A skin care facial as per your requirements is completed by a choice of Spa manicure or Spa pedicure or a 30min Foot massage.

Private Hammam Steam Session • Traditional Massage (60 min) • Skin Care Facial (60 min) (excluding ELEMIS BIOTEC) • Spa Manicure OR • Spa Pedicure (60 min) OR • Foot Massage (30 min) • Spa Lunch

Just For Men (180 min)

R 3 300

For total relaxation and grooming, this package is tailored for the modern day man with an ELEMIS Men's power-packed facial combined with the dynamic and immediate relief of the deep tissue muscle massage. End off with either a Manli Cure or a Sole Therapy (inclusive of callus peel). Total Time Out!

ELEMIS Men's Facial (excluding ELEMIS BIOTEC) • ELEMIS Freestyle Deep Tissue Massage (60 min) • Manli Cure OR Sole Therapy

'SPA'rties - Have a Spa Party! (120 min)

R 2 090

Choose any two treatments from the list below; include a Hammam Steam Session and use of the Plunge Pool.

Himalayan Salt Stone Massage (45 min) • Chakra Balancing Candle Massage (45 min) • Glow Getter Facial (45 min) • Cleansing Body Wrap (45 min) - inclusive of body brushing

Please note: The Spartie treatment needs to be a minimum of 2 people and maximum of 8 people. Advanced booking is required.

Please note: Treatment time includes consultation and welcoming foot ritual.

ELEMIS PACKAGE TREATMENT

ELEMIS Secret Indulgence (225 min) *treatment time only, does not include the lunch time allocation*

R 5 700

Absorb the humidity and soften your muscles prior to your exotic ELEMIS salt scrub and wrap which will leave your skin soft and vibrant. Continue your day of indulgence with the ELEMIS Deeper than Deep Hot Stone Massage. Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Finishing off with an ELEMIS speciality 60 minute Facial of your choice or therapist recommendation, excluding BIOTEC.

Hamam private steam session (30 min) • ELEMIS exotic full body exfoliation and wrap (60 min) • ELEMIS Deeper than Deep Hot Stone Massage (90 min) • ELEMIS Speciality Facial (excluding the BIOTEC) (60 min) • Spa Lunch

TATA HARPER PACKAGE TREATMENT

Tata Harper Bespoke Experience (185 min)

R 3 900

Beginning with the gentle placement of a singing bowl on the body, soft vibrations and sounds resonate from the bowl's performance as the therapist begins to play. A full body exfoliation prepares the skin for a traditional body massage designed to energize and revitalize the body's natural rhythm. The experience includes an advanced skincare facial combining Tata Harper's signature face massage techniques into one treatment.

Benefits: does everything that a good vacation retreat should offer, the body will be buffed and nourished, face will be treated with different massages and mask treatments for ultimate hydration and health.

COUPLE'S SPA PACKAGES

The Oyster Box Togetherness Experience (Izithandani Experience) (210 min) *treatment time only, does not include the lunch time allocation*

R 5 060 per person

This 'Togetherness Package' is designed for you to share a romantic space and quality time in the Hamam. Starting with a cleansing ritual that includes a full body exfoliation followed by a therapeutic clay wrap as aromatic steam fills the room. Your journey continues with the signature Uhambo African and a specialised skin care facial.

- Private Hamam Steam Session
- Full Body Exfoliation with Clay Wrap
- Uhambo Massage
- Specialised Skin Care Facial (60 min) **excluding ELEMIS BIOTEC**
- Spa Lunch

Couples Occasion Package (225 min) *treatment time only, does not include the lunch time allocation*

R 4 010 per person

Enjoy the delights of being together as two therapists treat you both to this decadent experience.

- Traditional Massage (60 min)
- OPI Pamper Manicure or Pamper Pedicure or OPI Gel Manicure or Gel Pedicure (75 min)
- Specialised Skin Care Facial (90 min) **excluding ELEMIS BIOTEC**
- Spa Lunch

MATERNITY SPA PACKAGE

ELEMIS Babymooner (195 min) *treatment time only, does not include the lunch time allocation*

R 4 000

A honeymoon of relaxation to spoil expectant mothers

- ELEMIS Peaceful Pregnancy Massage (75 min)
- OPI ProSpa Signature Manicure OR OPI ProSpa Signature Pedicure (60 min)
- Spa Lunch
- ELEMIS Specialised Skin Care Facial (60 min) **excluding ELEMIS BIOTEC**

Tata Harper Maternity Treat (150 min) *treatment time only, does not include the lunch time allocation*

R 2 730

This super-gentle treatment provides ultimate relaxation when moms-to-be need it most.

- Foot Treatment and Nourishing Belly Treatment
- Superkind Facial (includes the Gua Sha face massage and a neck & scalp Massage)
- Spa Lunch
- OPI ProSpa Signature Manicure OR OPI ProSpa Signature Pedicure (60 min)

Please note: Treatment time includes consultation and welcoming foot ritual.