

## Indian Journeys

### **Himalayan Salt Stone Massage** (60 min)

**R 1 200**

Himalayan salt stones containing trace elements and essential minerals, are ideal substances to enhance health and optimise body functioning. The treatment includes a back of body massage and foot massage.

## Traditional Touch Therapies

### **Traditional Massage** (60 min / 90 min)

**R 1 095 / R 1 600**

World-famous Swedish massage techniques combined with lomi-lomi, this is a medium pressure muscle relaxing massage.

### **Aromatherapy Massage** (60 min / 90 min)

**R 1 095 / R 1 600**

A holistic treatment, aromatherapy essences are absorbed by the skin and inhaled through the nose creating a deeper and longer lasting effect. This treatment combines the relaxing effects of touch and smell to ease body and mind.

### **Scalp, Neck and Shoulder Massage** (30 min / 60 min)

**R 700 / R 1 095**

This massage helps relieve areas of tension, concentrating on the scalp, neck and shoulders.

### **Back, Neck and Shoulder Massage** (30 min / 60 min)

**R 700 / R 1 095**

This massage helps relieve areas of tension, concentrating on the head, shoulders, upper and lower back.

### **Back Renewal Treatment** (60 min)

**R 1 200**

An ideal treatment for the much neglected back area. Prior to a moisture replenishing massage, impurities are removed by deep cleansing, exfoliation and extractions.

**Please note:** Treatment time includes consultation and welcoming foot ritual.

## Bathing Ceremonies

### **Romantic Bathing Ceremony** (30 min)

**R 510**

Luxuriate in a candlelit bath, strewn with flowers and our pure blend of aromatherapy bath oil.

### **Cleopatra's Milk Bathing Ceremony** (30 min)

**R 510**

A treatment created by Cleopatra herself. This luxurious nourishing milk bath, combined with essential oils, helps to soften and hydrate the skin, leaving it radiant.

**Please note:** The bathing ceremonies excludes the welcoming foot ritual unless accompanied by another treatment.